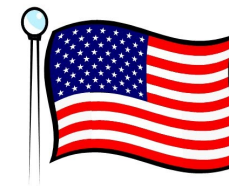




St. Peter Senior Center

July 2015





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 PALS	2 3-4 pm NAPS 2-4 pm Medicare/ Insurance Help 1:00 Men's Cards	3 Sr. Center <u>CLOSED</u> No pfeffer No PALS	4 10:00- Parade 12-4- BBQ & entertain- ment in the park 
5	6 10:00 PALS	7 FOOT CLINIC 1:00 (500 Cards) 1:15 Bridge	8 GAC Buffet 10:00 PALS	9 1:00 Men's Cards	10 10:00 PALS 1:30 Pfeffer	11
12	13 10:15 PALS	14 1:00 Sr. Dance 1:00 (500 Cards) 1:15 Bridge	15 10:15 PALS	16 1:00 Men's Cards	17 10:15 PALS 1:30 Pfeffer	18 
19	20 10:15 PALS	21 FOOT CLINIC 1:00 (500 Cards) 1:15 Bridge	22 10:15 PALS	23 1:00 Men's Cards	24 10:15 PALS 1:30 Pfeffer	25
26	27 10:00 PALS	28 1:00 (500 Cards) 1:15 Bridge	29 10:00 PALS	30 2-3:30- VIP event @ Sr. Ctr 1:00 Men's Cards	31 10-:00 PALS 1:30 Pfeffer	See August calendar on other side 



St. Peter Senior Center

August 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30-11:00 Alzheimers/ Dementia Support Meeting @ Benedictine
2	3 10:00 PALS	4 FOOT CLINIC 1:00 (500 Cards) 1:15 Bridge	5 10:00 PALS —Nicollet County Fair August 5-9—	6 3-4pm NAPS 2-4 pm Medicare/ Insurance Help 1:00 Men's Cards	7 Senior Day @ the Fair 10:00 PALS No Pfeffer	8 Nicollet Co Fair
9 Nicollet Co Fair —	10 10:00 PALS	11 1:00-Sr. Dance 1:00 (500 Cards) 1:15 Bridge	12 10:00 PALS GAC Buffet	13 1:00 Men's Cards	14 10:00 PALS 1:30 Pfeffer	15
16	17 10:00 PALS	18 FOOT CLINIC 1:00 (500 Cards) 1:15 Bridge	19 10:00 PALS	20 1:00 Men's Cards	21 10:00 PALS 1:30 Pfeffer	22
23	24 10:00 PALS	25 1:00 (500 Cards) 1:15 Bridge	26 10:00 PALS	27 1:00 Men's Cards	28 10:00 PALS 1:30 Pfeffer	29
30	31 10:00 PALS				 	

Monthly/Weekly Activities

St. Peter Senior Center

600 South Fifth Street, Suite 219 934.7434 or 934.0667

Sylvia Perron, Senior Center Coordinator

N.A.P.S.

Nutrition Assistance Program for Seniors

Sponsored by Second Harvest

Call to pre-qualify 1-800-365-0270

**Pick up food at
the Senior Center on:**

Thurs., July 2 & August 6

3:00 ~ 4:00 p.m.

Foot Clinics

Tues., July 7 & 21

Tues., August 4 & 18

Community Center
Rm #215 (enter door B)

Fee: \$25.00

Call 934-0667 for an appt.



500 Cards-Tues. @ 1pm

Bridge-Tues. @ 1:15pm

Men's Cards- Thurs. @ 1pm

Pfeffer- Fri @ 1:30 pm



Medicare/ Insurance Counseling Help

July 2 and August 6

2:00-4:00 pm at the Senior Center

One-on-One Help.

Call Sylvia @ 934-7227 with questions

Sponsored by MN River Area Agency on Aging

BUFFET LUNCH AT GUSTAVUS

Wed., July 8 and August 12

11:00—12:30

Senior Price \$6.75



No registration required just come and enjoy a great lunch

Visit The Bookmark for Discounts.

Sponsored by The Senior Center , GAC Bookmark & The Dining Service

Dance...Dance...Dance...

Tuesday, July 14— 1:00 p.m.-4:00 p.m.

Music by: Lyndon Peterson

Tuesday, August 11— 1:00 p.m.-4:00 p.m.

Music by: Luverne Wanous

American Legion—229 West Nassau, St. Peter

Cost: \$5 .00

Sponsored by the St. Peter Senior Center



Partners in Active Living for Seniors



Exercise classes designed for older adults

Mon., July 27- Fri., Aug. 28

&

Mon., Aug 31- Fri., Oct 2- (no class Sept 7)

Mon, Wed, & Fri from 10:00-11:00 am

Cost \$25.00

Make checks payable to Nicollet County Public Health

St. Peter Community Center

**A health and fitness program designed to help older adults (men & women),
be more active.**

Register @ the Recreation office or Call Sylvia at 934-7227 .

Other Events



Nicollet County Fair

"Senior Day" is Friday, August 7th

Johnson Hall Events

12:00, 3:30, 6:30, & 7:30 pm –Guest Speaker– Doug Ohman, Author.
(Featuring photos of Historical Landmarks of Minnesota)
1:00 pm—The 2015 Outstanding Seniors, Farm Family & Century Farms will be announced
2:00 pm– 4-H Arts in Performance on display
2:00 pm– Wendinger Bros. Music playing in the Big Tent

Make sure to visit the Nicollet County Fair this year!...
Wed., August 5th -Sun, August 9th.

Come enjoy an afternoon of FUN

All Seniors invited. Bring along your grandkids
if you would like.

Thurs., July 30th 2-3:30pm
St. Peter Senior Center

We will be playing BINGO, offering crafts and
refreshments provided! **FREE OF CHARGE**

RSVP to Sylvia @ 507-934-7434 by July 24th.

Sponsored by St. Peter's Recreation Dept. Volunteers
in the Park



AARP Driver's Safety Classes

Classes meet in the St. Peter Community Center

4 hr. Mon., Jul 13 1:15- 5:15 pm

4 hr. Tue., Aug 11 1:15- 5:15 pm

8 hr. Mon & Tues., Sep 21 & 22 1:15- 5:15pm

Register by contacting Community and Family Ed. @ 934-3048.
online at www.stpetercommunityedonline.com

OUTSTANDING SENIOR CITIZEN NOMINATION



Nominations are being sought for the 2015 Outstanding
Senior Citizen Award for Nicollet County. Winners will be
announced @ the Nicollet Co. Fair on Aug. 7th.

***Nomination forms are available by contacting
Sylvia at 934-7227.**

Deadline for nominations is July 15

Volunteers Needed!

At the Nicollet Co. Fair
Aug. 5-9, 2015

Volunteers needed to watch Johnson
Hall exhibits. For more information
or to sign up contact Joni Anderson @

380-6691 or email

jonigailanderson@gmail.com

The Great Minnesota Get-Together"

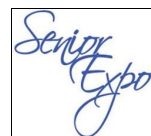
Join us for a great day
@ the State Fair!



When: Thurs, Sept 3
Departing @7:45 am
Returning @5:00 pm

**For more information, or to sign
up for this trip call
Nicollet County Bank
@ 507-931-3310**

Save the Date.....



Senior Expo

Thurs., September 17, 2015

St. Peter Community Center and the Senior Center

2-4 pm Vendor Booths, Entertainment,

Health Screenings, Flu Shots, Refreshments and etc.

4pm Speaker, Jim Klobuchar, MN Journalist

More details will follow.....

This newsletter is a collaboration of: Nicollet County Senior Services & the St. Peter Senior Center.

Please call Sylvia at 934-7227, If you would like to receive this newsletter by mail or email or have your name removed from the list.

